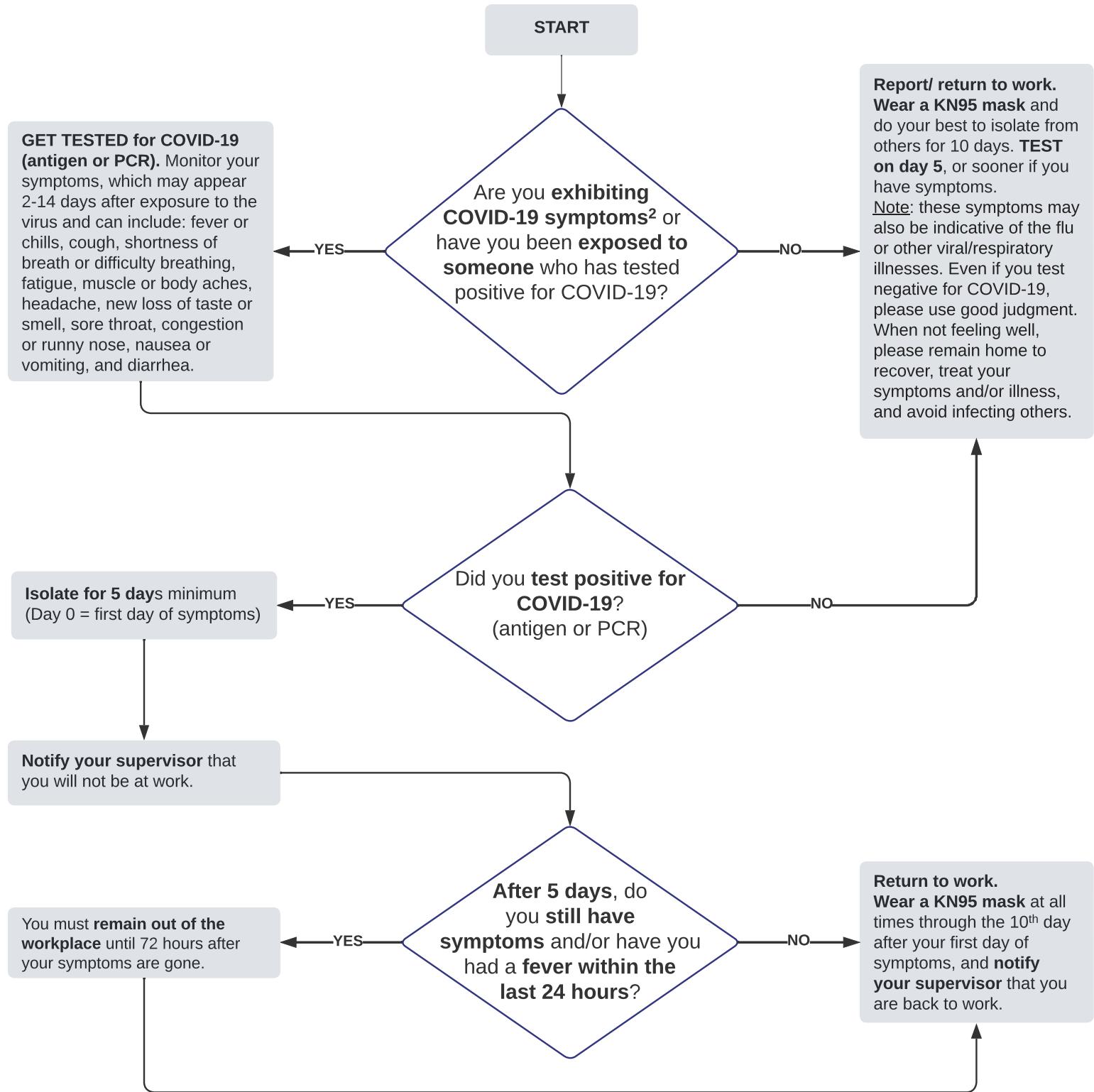


# Employee COVID-19 Action Guidelines<sup>1</sup>



**NOTE:** If you have had COVID-19, you can test positive on a PCR test for up to an additional 90 days. We do not require or recommend using a PCR test to return to work from a confirmed case of COVID-19.

<sup>1</sup>These guidelines are based on CDC guidance. For more information, visit the CDC website regarding isolation and precautions for people with COVID-19.

<sup>2</sup>Symptoms of COVID-19 can include: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and diarrhea.

In addition to basic health and hygiene preventive strategies, such as regular and thorough handwashing, you can lower your risk of getting sick by spending more time outdoors, maximizing ventilation while inside, staying up to date with vaccines, and avoiding contact with people who are sick.